

# Black History Month 2025

Afrikindness - Africa Awareness Week

## KS1 Lesson Plan

**Theme:** *Standing Firm in Power and Pride*

**Duration:** 45 minutes



## Learning Objectives

- Understand that “standing firm” means being brave and not giving up.
- Learn about Black leaders who showed strength and pride.
- Express ideas through storytelling, drawing, or role-play.

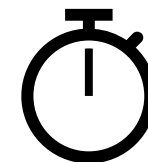
### Keywords:

- **Brave** – not scared to do the right thing
- **Strong** – using your mind and heart, not just muscles
- **Fairness** – treating everyone equally
- **Pride** – feeling happy about who you are
- **Helping** – making things better for others

### Success Criteria:

- I can tell a story about someone who stood firm.
- I can share why it's good to be proud of who you are.
- I can show what I've learned in my own way (drawing, acting, or speaking).

### Starter Activity (5 minutes)



- Show a picture of **Rosa Parks** and **Marcus Rashford**.
- Ask: *What do you notice about them? Why do you think they are important?*
- Use simple story prompts: Rosa said “No” when something was unfair.
- Marcus helps children have food.

## Main Input (15 minutes)



### Storytelling Time

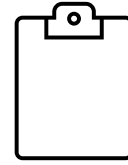
- Read a short-illustrated story or teacher summary about Rosa Parks.
- Share Marcus Rashford's story of helping children with free school meals.



### Discussion

- Ask: *How were Rosa and Marcus brave?*
- Explain that standing firm means being steady, strong, and doing the right thing.



**Group Activity (15 minutes):**

Options for children to choose:

- **Drawing task:** Draw Rosa Parks on the bus or Marcus helping children.
- **Role-play task:** Act out Rosa saying “No” or Marcus giving food to children.
- **Talk task:** Share a time when they were proud or helped someone.

Differentiation:

- Provide sentence starters for writing (“Rosa was brave because...”)
- Allow drawing or speaking instead of writing for younger learners.

### Reflection / Plenary (10 minutes)

**Circle time:** *How can we be brave or proud in school?*

Pass around a “**kindness stone**” – each child shares one way to stand firm.

### Cross-Curricular Links

**English/Phonics:** Story retelling and sentence writing. **History:** Introduction to key figures in history.

**PSHE:** Confidence, bravery, and fairness. **Art/Drama:** Drawing and role-play activities.

### Teacher Notes (Guidance)

- Use child-friendly language.
- Keep stories short with pictures.
- Allow flexibility: not all children need to write, focus on expression and understanding.
- Praise children for sharing their own examples of bravery.

## End Quote

*"You must never be fearful about what you are doing when it is right." – Rosa Parks*

Discussion Prompt: *What “right” thing can we do in our classroom?*