

2025 Black History Month UK theme – "Standing Firm in Power and Pride" and Afrikindness' **Africa Awareness Week model**.

Each plan:

- Is age-appropriate (progression from simple to complex).
- Covers two dimensions: Standing Firm in Power (resilience, leaders, resistance) and Standing Firm in Pride (identity, purpose, creativity, heritage).
- Includes learning objectives, activities, discussion prompts and reflection tasks.
- Highlights Black and diverse leaders globally and locally (e.g., Mary Seacole, Rosa Parks, Nelson Mandela, Wangari Maathai, Chimamanda Ngozi Adichie).
- Embeds values: steadfastness, perseverance, inner strength, vigilance and pride in identity.



Lesson Slides by Key Stages

KS1 (Ages 5–7) – Inner Strength & Courage

- Story slides (Rosa Parks, Mary Seacole).
- Activity slides (role play, pride posters).
- Reflection prompt: "I am strong when I..."

KS2 (Ages 9–11) – Resistance & Conviction

- Extracts of Maya Angelou's Still I Rise.
- Harriet Tubman & Marcus Rashford slides.
- Poetry writing frame.

KS4 (Ages 14–16) – Purpose & Perseverance

- Angela Davis & Mandela profiles.
- Speech analysis template.
- Group project guide: campaign poster/video.

KS2 (Ages 7–9) – Perseverance & Identity

- Mandela timeline (visual).
- Wangari Maathai activity: Identity Shield.
- Discussion: "Why do we keep going when things are hard?"

KS3 (Ages 11–13) – Vigilance & Steadfastness

- MLK vs Malcolm X comparison chart.
- Claudia Jones and Carnival slides.
- Debate activity: "What do you stand firm for?"

KS5 (Ages 16–18) – *Identity & Pride*

- Chimamanda Ngozi Adichie: *Danger of a Single Story*.
- Baldwin/Obama comparative analysis.
- Creative showcase guide (poetry, film, art).



Inner Strength and Courage

Key Stage 1 (Ages 5–7)

Learning Objectives:

- Understand what it means to "Stand Firm" through stories of bravery.
- Recognise that everyone has inner strength.
- Celebrate role models who showed courage.

Success Criteria:

- Understand what it means to "Stand Firm" through stories of bravery.
- Recognise that everyone has inner strength.
- Celebrate role models who showed courage.

Key Figures:

Rosa Parks, Mary Seacole.

Keywords:

Brave, Fair, Strong, Proud, Courage

Cross-Curricular Links:

History – Significant individuals (Rosa Parks, Mary Seacole). **PSHE** – Self-identity, Fairness, Respect. **Art** – Pride Posters.

Activities:

- 1. Storytelling Circle Read a simplified story of Rosa Parks refusing to give up her seat. Discuss: "What does it mean to be brave even when it's hard?"
- 1. Role Play Children act out small moments of "Standing Firm" (e.g., saying no to unfairness, helping a friend).
- Pride Poster Each child draws a "Pride Portrait" of themselves standing strong like Rosa or Mary.

Reflection:

- One thing I can do to show strength is...
- One thing I am proud of is...



Rosa Parks (1913–2005)



Mary Seacole (1805 - 1881)



Learning Objectives:

- Explore how leaders kept going despite challenges.
- Understand the meaning of identity and pride in who we are.
- Link perseverance to personal goals.

Success Criteria:

- I can describe what perseverance means.
- I can explain how Mandela or Maathai showed strength.
- I can design an identity shield to show my pride..

Key Figures:

Nelson Mandela, Wangari Maathai (Kenyan environmentalist & Nobel Prize winner)

Keywords:

Perseverance, Identity, Leader, Strength, Freedom.

Cross-Curricular Links:

History – Biographies of significant figures.

PSHE – Resilience, identity. **Art** – Identity Shield.

English – Storytelling and reflection writing.

Perseverance and Identity

Key Stage 2 (Ages 7–9)

Activities:

- 1. Timeline of Resilience Mandela's years in prison → freedom → presidency. Pupils build a visual timeline with key moments of "Standing Firm."
- 1. Identity Shields Inspired by Wangari Maathai's tree planting, students design shields with symbols of their identity and what gives them strength.
- **1. Group Discussion** "Why is it important not to give up when things are difficult?"

Reflection:

Write one sentence: "I can stand firm by..."



Nelson Mandela



Wangari Maathai



Resistance and Conviction

Key Stage 2 (Ages 9–11)

Learning Objectives:

- Explore how resistance can be peaceful and powerful.
- Analyse the conviction behind leaders' actions.
- Connect pride with cultural heritage.

Success Criteria:

- I can explain how Maya Angelou, Marcus Rashford, or Harriet Tubman stood firm.
- I can write a verse showing how I "stand firm."
- I can research and share about my heritage or culture.

Key Figures:

Maya Angelou, Harriet Tubman, Marcus Rashford

Keywords:

Resistance, Conviction, Pride, Culture, Heritage.

Cross-Curricular Links:

English – Poetry (Still I Rise). PSHE – Identity, Values, Resilience. History – Civil Rights Movement.

Geography – Mapping heritage connections.

Activities:

- 1. Poetry Exploration Maya Angelou's "Still I Rise" (child-friendly extracts). Pupils write their own short "I Rise" verse.
- 1. Debate Role Play Groups take roles of Harriet Tubman, Marcus Rashford, and a community leader. Discuss: "What do you stand firm for?"
- 1. Pride in Heritage Map Students research one aspect of African or Caribbean culture to present.

Reflection:

"The *strength* I admire most is..."



Maya Angelou



Harriet Tubman



Marcus Rashford



Vigilance and Steadfastness

Key Stage 3 (Ages 11 - 13)

Learning Objectives:

- Understand vigilance as "keeping watch" for justice.
- Study how communities unite in resistance.
- Explore how Black leaders shaped global movements

Success Criteria:

- I can compare MLK's and Malcolm X's approaches.
- I can explain how Claudia Jones used culture to show pride.
- I can create a "Celebration of Pride" banner

Key Figures:

Martin Luther King Jr.(MLK), Malcolm X, Claudia Jones (founder of Notting Hill Carnival)

Keywords:

Vigilance, Steadfast, Resistance, Conviction, Community.

Cross-Curricular Links:

History – Civil Rights & Black British history.

PSHE – Social justice, equality. Art/Design – Carnival banners. English – Speech and debate skills.

Activities:

- Case Study MLK's "I Have a Dream" vs Malcolm X's call for dignity. Compare different ways of "standing firm."
- 1. Cultural Celebration Workshop –
 Claudia Jones and the origins of Carnival
 → pupils design a "Celebration of Pride" banner.
- 1. Discussion What does vigilance look like in school or community life?

Reflection:

Journal entry:
 "If I saw injustice, I would stand firm by..."



Martin Luther King Jr.



Malcolm X



Claudia Jones



Perseverance, Resistance and Purpose

Key Stage 4

Learning Objectives:

- Analyse historical and contemporary examples of perseverance.
- Discuss how purpose sustains resistance movements.
- Reflect on personal and collective responsibility for justice.

Success Criteria:

- I can analyse key speeches for themes of power and pride.
- I can explain how leaders like Angela and Mandela stood firm.
- I can work with my peers to create a campaign on a modern issue.

Key Figures:

Nelson Mandela, Angela Davis, Kwame Nkrumah, Chimamanda Ngozi Adichie.

Keywords:

Perseverance, Purpose, Resistance, Activism, Equality.

Cross-Curricular Links:

History – Civil Rights & Black British history. **English** – Speech analysis, persuasive writing. **History** – Decolonisation, Civil Rights, Apartheid. **PSHE** – Citizenship, activism, values.

Activities:

- 1. Speech Analysis Excerpts from Angela Davis and Adichie. Students annotate for themes of pride, conviction, and resistance.
- 1. Group Project Create a campaign poster/video on a modern issue (equality, climate justice, education access).
- **1. Debate** "Is standing firm always peaceful?"

Reflection:

"The purpose that keeps me steady is..."



Identity, Pride and Global Narratives

Key Stage 5

Learning Objectives:

- Critically examine how narratives of Black history shape identity.
- Explore how pride empowers individuals and communities.
- Analyse literature, art and speeches as expressions of standing firm.

Success Criteria:

- I can analyse texts by Adichie, Baldwin and Obama.
- I can create a piece of writing, art or media that reflects my own "standing firm" story.
- I can compare how different figures stand firm in power and pride.

Key Figures:

Chimamanda Ngozi Adichie, James Baldwin, W.E.B. Du Bois, Barack Obama, Ngozi Okonjo-Iweala.

Keywords:

Identity, Narrative, Resilience, Pride, Conviction.

Cross-Curricular Links:

English/Literature – Text study (Adichie, Baldwin). History – Global Black leaders. Art/Media – Creative showcase projects. **PSHE/Citizenship** – Diversity, identity, empowerment.

Activities:

- 1. Text Study Adichie's "The Danger of a Single Story." Discussion: How do stories shape identity and pride?
- 1. Comparative Analysis James Baldwin and Obama on racial identity and leadership.
- 1. Creative Showcase Students create poetry, short film, or artwork exploring their own "Standing Firm" journey.

Reflection:

Essay: "How can identity and pride be sources of strength in facing today's challenges?"